

Dear Doctor:

I would like to make you aware of some of my concerns about my mother,
_____. I believe her memory is not as sharp as it was
_____ ago. (time, eg 6 months, one year, two years). I have answered yes
and no to the following questions.

I am concerned about her memory.	YES	NO
I feel her memory is getting worse over time.	YES	NO
She is having trouble remembering names.	YES	NO
She is having trouble remembering dates.	YES	NO
She is having trouble remembering appointments.	YES	NO
She is having trouble finding the correct word.	YES	NO
She forgets how to use household items.	YES	NO
She forgets to take her medications.	YES	NO
-even with reminders	YES	NO
-even with a pill box	YES	NO
Sometimes she doesn't recognize her family.	YES	NO

She has difficulty.....(check all that apply)

<input type="checkbox"/> Cooking	<input type="checkbox"/> Taking a bath/showering by myself
<input type="checkbox"/> Cleaning	<input type="checkbox"/> Managing my checkbook
<input type="checkbox"/> Shopping	<input type="checkbox"/> Remembering to take my medication
<input type="checkbox"/> Using appliances	

She still drives YES NO (if yes, answer the following questions)

She has gotten lost while driving	YES	NO
She has had an accident in the past two years.	YES	NO
She has gotten the gas pedal and brake mixed up.	YES	NO
Sometimes she doesn't remember how to drive	YES	NO
The family does not feel that she should be driving	YES	NO
We would appreciate your help in this matter.	YES	NO

She doesn't feel act herself	YES	NO
She says she feels tired all the time	YES	NO
She says she feels sad and blue much of the time	YES	NO
She would rather stay at home now	YES	NO

I have the following questions:

Could this be caused by medication?

Could this be a medical problem?

Will you refer her to a specialist?

If this is a memory problem such as a dementia (Alzheimer's disease), is there
medication to help her memory?

Would you speak to her about her memory?

I **DO/DO NOT** have Power of Attorney for Health Care. I realize this may limit your ability to
speak to me directly. I appreciate your assistance in the care of my mother.

Thank you,

Name

Date